Blue Banana

EAR PIERCING guide

YOUR SIMPLE GUIDE TO PIERCING AFTERCARE



LOBES • TRAGUS • RIM • HELIX • CONCH • INDUSTRIAL
ANTI TRAGUS • SNUG • DAITH • ROOK • SCAFFOLD

Congratulations on your piercing!

Your new piercing has been performed by one of our qualified piercers in a sterile environment using high quality, sterile equipment. Now it is up to you to ensure that the piercing remains clean whilst it heals.

If you follow our guidelines for aftercare, you should experience little to no problems with your piercing. Everyone's body will react differently to a new piercing so it's important to know as much as possible about piercing healing and aftercare.

Signs of a problem?

- Persistent swelling, redness or pain.
- Dark, green or smelly discharge.
- A hot, throbbing sensation around the piercing.

If you are ever concerned, then you are always welcome to come back into the store for a chat. Our piercers will be more than happy to help you with any questions on your new piercing and will be able to provide additional information on how to look after it.

If you are experiencing problems with the piercing healing, or you are having an unexpected reaction and you are unable to re-visit the store, we do recommend visiting a medical professional such as your GP who will be able to assist further.

Cleaning and Healing Information:
You can use this aftercare guide for the following piercings: Ear Lobe, Tragus, Rim, Helix, Conch, Industrial, Anti-Tragus, Snug, Daith, Rook or Scaffold Piercings.

Just After Piercing
It is normal to experience some of the following during the healing process.

- Tenderness: the area may feel sore or tender, especially in the first few days.
- Swelling: slight swelling is common, especially in the first few days.
- Crusting: you may notice small crusty bits around the jewellery. This is just dried lymph fluid and is part of the healing process.
- Itching: mild itching can occur as your body heals.

Healing Time
Ear piercings, especially ones involving cartilage, will require time, care and patience to heal successfully. The overall healing time can vary. Lobes 8-12 weeks, Cartilage 6-12 months. This depends on how well it is looked after and how your body reacts.

What To Avoid

- Do not touch or twist the jewellery unnecessarily.
- Keep hair, makeup and skincare products away from the piercing.
- Do not remove or change your jewellery until your piercing has fully healed.
- Do not change to a hoop too soon; this can cause irritation.
- Do not sleep on your piercing.
- Use a travel pillow or sleep on the opposite side of your new piercing.
- Stay hydrated and maintain a balanced diet to support healing.

The Cleaning Process
Here are our recommended steps for cleaning your ear piercing:

1. To clean the piercing, we recommend the Pro Pierce Aftercare Solution. Alternatively, use a solution of natural sea salt and pre-boiled water.

2 Gently clean the area of skin around the piercing to keep it clean, hygienic and sterile.
3 We recommend using a cotton bud to clean the piercing TWICE a day for at least 3 months.

During The Healing Process

- Redness/Discharge: As with any new piercing, a local area of redness and a small amount of white/yellow-ish discharge are both healthy and completely normal. If you experience painful swelling spread over a bigger area or accompanied by other symptoms of infection you should return to the store and/or consult your GP.
- Pseudomonas: If your GP identifies an infection we recommend you ask them to check for Pseudomonas. Pseudomonas is extremely rare and requires specialist antibiotics which some GPs may not be experienced with.
- Keloid Scarring: Ears can, unfortunately, be prone to keloid scarring. This is your body healing over the pierced area. Keloids usually look like a small red lump or spot around your piercing. Please note that not all lumps are keloids, some can simply be side effects of the healing process. If keloids or any other form of lump develop during healing then return to the store for advice.

Cartilage piercings can occasionally become infected with Pseudomonas aeruginosa, a bacterium that does not respond to many commonly prescribed antibiotics. If you notice signs of infection, such as increasing redness, swelling, heat, pain, or discharge around the piercing, please seek medical advice promptly. Let the doctor treating you know it is a cartilage piercing and ask them to consider testing for Pseudomonas, since specific antibiotics are needed to treat it.

For more information visit:
www.bluebanana.com/earpiercing

Ear Piercing Jewellery

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Pro Pierce ULTIMATE Piercing Aftercare

Provides expert cleansing and care for your piercing. Its skin neutral pH and non-irritant formula ensure highly effective antimicrobial protection without stinging or irritating whilst providing the optimum environment for accelerated skin recovery. Fragrance and alcohol free.

Watch Our Videos

Find out even more about Blue Banana and our piercing procedures in our online informational video.



Watch The Video
SCAN HERE

Jewellery Change

The recommended amount of time for ear piercing jewellery change can differ slightly depending on location. For ear lobe piercings, the recommended time is 8+ weeks and cartilage piercings are 12+ weeks. Taking out or twisting your piercing before this time will prolong the healing process. By leaving it for longer, you allow it to heal for longer and settle into its position.

When you're ready to change your jewellery, make sure to check out what Blue Banana has available. When it comes to ear piercings, we have a huge range of jewellery available in-store and online.

Need More Information?

Our website includes plenty of additional guides and information to help you find out more about your piercing. Read guides, watch tutorials and discover even more ways to style and care for your piercing.

www.bluebanana.com/earpiercing

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